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**Archives of the History of American Psychology**  
The University of Akron

**Richard S. Lazarus, Papers**

COLLECTION DATES: 1956-1993

VOLUME: 2.82 linear feet

ACCESS: This collection is open for research

PREPARED BY: Lizette Royer, July 2007

**Biographical Note**

Richard Stanley Lazarus was born in New York City on March 3, 1922. He graduated from the City College of New York in 1942 and then served in the army for three and a half years. He earned his doctorate degree from the University of Pittsburgh in 1948 under Roger Russell. Lazarus accepted his first academic appointment at Johns Hopkins University in 1948. Later he accepted a position at Clark University (1953-1959). As a Diplomate in Clinical Psychology, Lazarus also directed the clinical training program at Clark. Lazarus took a position at the University of California at Berkeley in 1959 and remained there until his retirement in 1991. Upon retirement he was named Professor Emeritus.

Lazarus is best known for his work in the field of psychological stress and coping. In 1966 he published *Psychological Stress and the Coping Process*; by the 1970s work in the field began to grow and the monograph became a classic work. Lazarus's theoretical approach to stress, the idea that people appraise or evaluate whatever happens in their lives with respect to its significance for their well being, eventually came to dominate the field. During the late 1950s he organized the Berkeley Stress and Coping Project which, through grant support, continued well into the 1980s. Lazarus published more than 150 scholarly works including 20 books, five of which were published after he retired.

Lazarus received numerous awards including a Guggenheim Fellowship in 1969. In 1984 The California Psychological Association recognized him for distinguished scientific contributions to psychology and in 1989 the American Psychological Association awarded him the Distinguished Scientific Contribution Award. Lazarus also received two honorary doctorates, one in 1988 from the Johannes Gutenberg University in Mainz, Germany and the second in 1995 from Haifa University in Haifa, Israel. Lazarus died November 24, 2002.

\* Ekman, P. and Campos, J. (2003). Richard Stanley Lazarus (1922-2002). *The American Psychologist*, 58(9), 756-757.

## **Scope and Content**

The Richard S. Lazarus Papers are organized in the following series:

1. Biographical Material
2. Correspondence
3. Teaching Materials
4. Presentations and Addresses
5. Papers and Publications
6. Research and Grants
7. Non-Textual Materials

The majority of the material is during Lazarus' appointment at The University of California at Berkeley. Lazarus's work at Berkeley focused on psychological stress and coping, and many drafts of papers and research projects are housed within the collection. All correspondence and copyright agreements pertaining to those papers and publications are also included in Series 5. Also of interest are the numerous drafts and related correspondence for the many presentations and addresses Lazarus gave around the world throughout his career.

Biographical information and material pertaining to Lazarus's career both before and after his time at UC Berkeley is very limited. Most of the folders, with the exception of Series 1 and Series 2, are labeled as Lazarus originally labeled them before depositing them at the Archives of the History of American Psychology.

## **Series Descriptions**

### **1. Biographical Material**

Series contains Lazarus's curriculum vitae and a biographical nomination sketch for the Distinguished Scientific Contribution Award.

### **2. Correspondence**

Series includes both personal and general professional correspondence not categorized in series 4-6.

### **3. Teaching Materials**

Series consists of both typed and handwritten lecture notes, exams, and various other materials related to Lazarus' work as an instructor of psychology.

#### **4. Presentations and Addresses**

Series includes various drafts of papers that Lazarus presented at numerous venues. Also included are all correspondence, conference materials, and other information that pertain to the presentations.

#### **5. Papers and Publications**

Series contains drafts of papers that Lazarus later published and correspondence pertaining to the publications between Lazarus and his co-authors as well as publishing companies and journal editors. Also included are copyright agreements and blind reviews for some of the papers.

#### **6. Research and Grants**

Series consists of various grant proposals and correspondence between Lazarus and his research colleagues as well as the grant-giving institutions. Also included are specific project outlines and notes.

#### **7. Non-Textual Materials**

Series includes several slides Lazarus used during a 1981 conference, The Nature and Function of Emotion, and three large negatives depicting charts that are assumed to have been printed in a paper or publication. Also included are eleven reels of film. Please refer to the Still Images Database for information regarding the slides and negatives. Please refer to the Moving Images Database for information regarding the film including content, format and location.

### **Related Materials**

Materials related to Richard S. Lazarus appear in the following AHAP collections: Klein Papers, Maslow Papers, Vinacke Papers, Arnold Papers, Murphy Papers, Riegel Papers, Verplanck Papers, Rokeach Papers

### **Inventory**

**Box 1: [M3586]**

*Folder - Contents*

#### **Series 1: Biographical Information**

1. Biographical Material [1985, majority undated]

## **Series 2: Correspondence**

2. Correspondence regarding Lazarus's nomination for a Research Scientist Award, [1981-1987]
3. Personal and professional correspondence, [1978-1982]
4. Personal and professional correspondence, [1984-June 1985]
5. Personal and professional correspondence, [July-December 1985]
6. Personal and professional correspondence, [1986]

## **Box 2 [M3587]**

### *Folder - Contents*

## **Series 2: Correspondence**

1. Personal and professional correspondence, [1986]
2. Personal and professional correspondence, [1987-1992]

## **Series 3: Teaching Materials**

3. Lecture materials/ teaching examples, [1983-1986; majority undated]
4. Questions for post-doc seminar, [1993]
5. Psychology 153 materials, [1977-1989]
6. Lecture materials/ teaching examples, [1981-1991;majority undated]

## **Series 4: Presentations and Addresses**

7. Israel Conference, [June 1979]

## **Box 3 [M3588]**

### *Folder - Contents*

## **Series 4: Presentations and Addresses, [continued]**

1. The Nature and Function of Emotion, [July 1981]

2. Vermont Conference on the Primary Prevention of Psychopathology, [1983]
3. Annual APA Conference, [1984]
4. Second International Conference on Illness Behavior, [1985]
5. NIMH Stress Workshop, [1985]
6. Berkeley Social Psychology Group, [1986]
7. 16<sup>th</sup> Congress of the European Association for Behavior Therapy, [1986]
8. Psychological and Biological Processes in the Development of Emotion, [1986]
9. Midwest Nursing Research Society, [1991]

#### **Series 5: Papers and Publications**

10. *Encyclopedia of Psychology*, Vol. 1 [1984 – entry on Coping]  
*Cognition, emotion, and motivation: The doctoring of humpty-dumpty* [1982]  
*Toward an understanding of efficiency and inefficiency in human affairs: Discussion of Schönflug's theory* [1983]  
*The trivialization of distress* [1983]  
*If it changes it must be a process: A study of emotion and coping during three stages of a college examination* [1983]
11. *A relational and cognitive theory of emotion* [1986]

#### **Box 4 [M3589]**

##### *Folder - Contents*

#### **Series 5: Papers and Publications, [continued]**

1. *Transactional theory and research on emotions and coping* [1987]
2. *Stress processes and the misuse of drugs in older adults* [1986]  
*Centrality and individual differences in the meaning of daily hassles* [1987]
3. *Cognitive theories of stress and the issue of circularity* [1986]  
*Comment on LeDoux's sensory system and emotion: A model of affective processing* [1986]  
*Comment on Kenneth S. Bowers' "The Unconscious Reconsidered"* [1986]  
*Social support received in stressful situations* [1986]  
*Age differences in stress and coping processes* [1987]

4. *Dyadic response patterns in married couples as factors in depression and somatic dysfunction* [1987]  
*Coping as a mediator of emotion* [1987]  
*Stress, coping, and adaptation* [1984-1987]

## **Box 5 [M3590]**

### ***Folder - Contents***

#### **Series 5: Papers and Publications, [continued]**

1. *Hassles, health, and mood: A prospective study with repeated daily assessments* [1986]  
*Individual susceptibility and resistance to psychological stress* [1982]  
*Stress and coping as factors in health and illness* [1982]  
*Psychobiology without psychosocial significance* [1982]  
*Psychology Today* articles:  
    *Coping* [1981]  
    *Reply to the question: What is the one (or two) most significant developments in psychology over the past 15 years?* [undated]  
    *Understanding the psychological man* [1982]  
*Coping and morale in a middle-aged population* [1982]
2. *The psychology of stress and coping with particular reference to Israel* [1982]  
*Stress and coping in aging* [1982]
3. *The function of denial in stress, coping, and aging* [1981]  
*A cognitivist's reply to Zajonc on emotion and cognition* [1981]  
Book references for *Stress and Coping* chapter 5 [undated]
4. *The stress and coping paradigm: As applied to the investigation of mass psychogenic illness* [1979]  
*Stress, coping, and adaptation* (preliminary materials including chapter outlines) [undated]  
Foreword to Ekman's book 4/30/79 (as labeled by Lazarus on original folder)  
Essay for Lerner/Kendall/Miller/Hultsch/Jenson book (as labeled by Lazarus on original folder) [undated]  
*Stress and adaptational outcomes: The problem of confounded measures* [1986]  
*The dynamics of a stressful encounter: Cognitive appraisal, coping, and encounter outcomes* [1984]  
*Rational-emotive theory of cognition and emotion* [undated]  
*The relationship between locus of control, cognitive appraisal, and coping* [1981]

**Box 6 [M3591]**

*Folder - Contents*

**Series 5: Papers and Publications, [continued]**

1. *A research case-history dealing with psychological stress* [1960]  
*Motivation and personality in psychological stress* [1957]  
*Personality and psychological stress: A theoretical and methodological framework* [1956]

**Series 6: Research and Grants**

2. Lazarus: USPHS MH02136-12, [1972-1973]  
US Army Research Institute for the Behavior and Social Science, [1973-1975]  
Lazarus USARI CAHC19-73-G-0011, [1974-1975]  
California Stress and Coping Study, [1977]
3. Coding protocols for coping episodes, [1979]  
HEW Cancer Grant, [undated]
4. Motivation, Appraisal, and Emotion, 87-1-44, [1987]  
Berkeley Stress and Coping Project, [1987]  
MacArthur Foundation, 1, [1980]  
MacArthur Foundation, 2, [1982]  
MacArthur Foundation, 3, [1983]  
MacArthur Foundation, 4, [1984-1985]  
MacArthur Foundation, 5, [1987]

**Box 7 [M3592]**

*Folder - Contents*

**Series 6: Research and Grants, [continued]**

1. Huntington's, [1984]  
Huntington's, [1985-1986]
2. NIDA – Human Subjects Protocol, [1980]  
NIDA, [1980-1981]  
NIDA, [1981]
3. NIDA – Human Subjects, [1981]  
NIDA – Older Adults, [1981-1985]  
NIDA – [1982]

NIDA – Reply to Review Committee, [1982]  
NIDA Instruments, [undated]

**Box 8 [M3593]**

*Folder - Contents*

**Series 6: Research and Grants, [continued]**

1. NIDA Pilot Study Letters, [1983]  
NIDA Pilot Study Instruments, [1983]  
NIDA Humans Subjects, [1983]  
NIDA, [1983]  
NIDA Progress Report, [1983]  
NIDA Human Subjects, [1984]  
NIDA, [1984]  
NIDA, [1985-1986]
2. NIDA – Older Adults, [1986]  
NIDA Final Report, [1987]  
NIDA Student Proposal, [1984]  
Humans Subjects Protocol for Vulnerability (NIDA) Proposal, [1985]  
Vulnerability (NIDA) Proposal – [Submitted 10/1/85]

**Box 9 [M3594]**

*Folder – Contents*

**Series 6: Research and Grants, [continued]**

1. NIDA, [1985-1986]  
Humans Subjects Vulnerability (NIDA) Resubmission, [6/1/86]
2. Appendix Resubmission of Vulnerability Proposal, [6/1/86]

**Box S7**

*Folder - Contents*

**Series 7: Non-Textual Materials**

1. Slides and negatives [all information entered in AHAP's Still Images database]