

**MENTAL HEALTH COMPREHENSIVE EXAM READING LIST**  
**SOCIOLOGY (PHD)**  
**Kent State University – University of Akron**

**MINOR**

**GENERAL READINGS**

Aneshensel, Carol. S. and Jo C. Phelan (Eds.) 1999. *Handbook of the Sociology of Mental Health*. New York: Kluwer Academic Press.

McLeod, Jane D. and Eric R. Wright. (Eds.) 2010. *The Sociology of Mental Illness: A Comprehensive Reader*. New York, NY: Oxford University Press. (Omit Section V. The History and Social Organization of Mental Health Policy and Treatment.)

Link, Bruce and Phelan, Jo. 1995. "Social conditions as fundamental causes of disease." *Journal of Health and Social Behavior* Extra Issue: 80-94.

Wheaton, Blair. 2001. "The role of sociology in the study of mental health and the role of mental health in the study of sociology." *Journal of Health and Social Behavior* 42:221-234.

**DEFINING AND MEASURING MENTAL ILLNESS**

Special Issue: Selecting Outcomes for the Sociology of Mental Health: Issues of Measurement and Dimensionality. 2002. *Journal of Health and Social Behavior*, Allan V. Horwitz (Ed.). 43: 143-253.

Mirowsky, John and Catherine E. Ross. 1989. "Psychiatric diagnosis as reified measurement." *Journal of Health and Social Behavior* 30: 11-40 (and rejoinders).

Szasz, Thomas. 1960. "The myth of mental illness." *American Psychologist* 15:113-18.

Perreira, Krista M., Natalla Deeb-Sossa, Kathleen Mullan Harris, and Kenneth Bollen. 2005. "What are we measuring? An evaluation of the CES-D across race/ethnicity and immigrant generation." *Social Forces* 83: 1567-1602.

**SOCIAL STATUS, SOCIAL ROLES, AND MENTAL HEALTH**

Brown, George W. 2002. "Social roles, context and evolution in the origins of depression." *Journal of Health and Social Behavior* 43:255-276.

Meyer, Ilan H., Sharon Schwartz, and David M. Frost. 2008. "Social patterning of stress and coping: Does disadvantaged social statuses confer more stress and fewer coping resources?" *Social Science and Medicine* 67: 368-379.

Kessler, Ronald C. and Harold W. Neighbors. 1986. "A new perspective on the relationships among race, social class, and psychological distress." *Journal of Health and Social Behavior* 27: 107-115.

Link, Bruce G., Mary Clare Lennon, and Bruce P. Dohrenwend. 1993. "Socioeconomic status and depression: The role of occupations involving direction, control and planning." *American Journal of Sociology* 98: 1351-1387.

McLeod, Jane D. and Ronald C. Kessler. 1990. "Socioeconomic status differences in vulnerability to undesirable life events." *Journal of Health and Social Behavior* 31:162-172.

Paylon, Andrew R. 2009. "Mental health, mental illness, and psychological distress: Same continuum or distinct phenomena?" *Journal of Health and Social Behavior* 50: 213-227.

Mirowsky, John, & Catherine E. Ross. 1989. *Social Causes of Psychological Distress*. New York: Aldine de Gruyter.

## **RACE AND ETHNICITY**

Special Issue: Race, Ethnicity, and Mental Health. 2003. *Journal of Health and Social Behavior*. David T. Takeuchi and David R. Williams (eds). Volume 44:233-455.

Kessler, Ronald C., Kristin D. Mickelson, and David R. Williams. 1999. "The prevalence, distribution, and mental health correlates of perceived discrimination in the United States." *Journal of Health and Social Behavior* 40:208-230.

Vega, William A. and Ruben G. Rumbaut. 1991. "Ethnic minorities and mental health." *Annual Review of Sociology* 17: 351-383.

## **GENDER**

Mirowsky, John. 1996. "Age and the gender gap in depression." *Journal of Health and Social Behavior* 37: 293-390.

Ross, Catherine E. and John Mirowsky. 1995. "Sex differences in distress: real or artifact?" *American Sociological Review* 60: 449-68.

Umberson, Debra, Meichu D. Chen, James S. House, Kristine Hopkins, Ellen Slaten. 1996. "The effect of social relationships on psychological well-being: Are men and women really so different?" *American Sociological Review* 61: 837-857.

## **WORK AND FAMILY**

Dooley, David, Joann Prause, and Kathleen A. Ham-Rowbottom. 2000. "Underemployment and depression: Longitudinal relationships." *Journal of Health and Social Behavior* 41: 421-436.

Lennon, Mary Clare. 1994. "Women, work, and well-being: The importance of work conditions." *Journal of Health and Social Behavior* 35: 235-247.

Umberson, Debra and Toni Terling. 1997. "The symbolic meaning of relationships: Implications for psychological distress following relationship loss." *Journal of Social and Personal Relationships* 14: 723-744.

Wade, Terrance J. and David J. Pevalin. 2004. "Marital transitions and mental health." *Journal of Health and Social Behavior* 45:155-170.

## **STRESS, COPING, AND SOCIAL SUPPORT**

Aneshensel, Carol S. 1992. "Social stress: Theory and research." *Annual Review of Sociology* 18: 15-38.

Barrera, Manuel. 1986. "Distinctions between social support concepts, measures and models." *American Journal of Community Psychology* 14: 413-466.

Pearlin, Leonard I., Morton A. Lieberman, Elizabeth G. Menaghan, and Joseph T. Mullan. 1981. "The stress process." *Journal of Health and Social Behavior* 22: 337-356.

Thoits, Peggy A. 1995. "Stress, coping, and social support: Where are we? What next?" *Journal of Health and Social Behavior* extra issue: 53-79.

Turner, R. Jay and Franco Marino. 1994. "Social support and social structure: A descriptive epidemiology." *Journal of Health and Social Behavior* 35: 193-212.

Wethington, Elaine and Ronald C. Kessler. 1986. "Perceived support, received support, and adjustment to stressful life events." *Journal of Health and Social Behavior* 27: 78-89.

Wheaton, Blair. 1985. "Models for the stress-buffering functions of coping resources." *Journal of Health and Social Behavior* 26: 352-365.

Wheaton, Blair. 1994. "Sampling the stress universe". Pp. 77-114 in WR Avison, IH Gotlib, (Eds.) *Stress and Mental Health*. NY: Plenum

## **WELL-BEING ACROSS THE LIFE CYCLE**

Aseltine, Robert H., Jr. 1996. "Pathways linking parental divorce with adolescent depression." *Journal of Health and Social Behavior* 37:133-148.

Elder, Glenn H., Jr., Linda K. George, and M.J. Shanahan 1996. "Psychosocial stress over the life course." In H.B. Kaplan (Ed.), *Psychosocial Stress: Perspectives on Structure, Theory, Life Course, and Methods*. San Diego: Academic Press.

Ensel, Walter M. and Nan Lin. 1991. "The life stress paradigm and psychological distress." *Journal of Health and Social Behavior* 29:79-91.

Turner, R. Jay and Donald Lloyd. 1995. "Lifetime traumas and mental health: The significance of cumulative adversity." *Journal of Health and Social Behavior* 36: 360-77.

### **SELF, IDENTITY, AND MENTAL HEALTH**

Burke, Peter. 1991. "Identity and social stress." *American Sociological Review* 56:836-849.

Simon, Robin W. 1997. "The meanings individuals attach to role identities and their implications for mental health." *Journal of Health and Social Behavior* 38:256-274.

Thoits, Peggy A. 1991. "On merging identity theory and stress research." *Social Psychology Quarterly* 54:101-112.

### **STIGMA, SOCIETAL REACTION, LABELING: THE SOCIAL CONTROL OF MENTAL ILLNESS**

McLeod, Jane D. and Eric R. Wright (Eds.). 2010. Section IV. "Stigma and the social dimensions of the experience of mental illness." In *The Sociology of Mental Health: A Comprehensive Reader*.

Link, Bruce and Jo Phelan. 2001. "Conceptualizing Stigma." *Annual Review of Sociology* 27: 363-385.